



Northern Metro Region Multi Event
Sunday, 7th November 2010
Starting time: 9.00 am (To be Confirmed)
Eric Boardman Reserve, Mitchell's Lane, Sunbury
Melways Ref. 381 G5

ENTRY FORM

Entries close: Saturday 23rd October 2010

Age: Under 7 to Under 16
Cost: \$5.00 per athlete

The Multi Event (Multi's) is similar to a Pentathlon, being 5 different events making up one event, except for U7 & U8 who only do four (4) events. Points are allocated for their performance in each event with events points totalled. The athlete with the most points overall in each age group is the winner.

The Region Multi Event competition is held on one day and consists of the following events:

AGE GROUPS	EVENTS
Under 7 & 8 Boys & Girls	70m, 300m (unlaned), Long Jump, Shot Put
Under 9, 10, 11, 12, 13 Boys & Girls and Under 14 Girls	100m, 800m, 80m Hurdles, Long Jump, Discus
Under 14 Boys & Under 15 & 16 Girls	100m, 800m, 90m Hurdles, Long Jump, Discus
Under 15 & 16 Boys	100m, 800m, 100m Hurdles, Long Jump, Discus

NOTE: The 300m/800m shall be the final event conducted for all age groups.

Preston Reservoir singlets are required to be worn on the day. If you do not have one, you will need to purchase one before the day. Uniform is black shorts, no skins or leggings.

- **To be included in the final placing, athletes must compete in all events.**
- **Medals will be presented to the first 3 athletes in each age group overall.**
- **Certificates will be given to all athletes.**
- **Centre must provide officials.**
- **All competitors must attend with an adult.**

Please return this form with money to The Secretary, Anthony Pospisil by Saturday 23rd October 2010.

Athlete's Name:	Age Group	Boy / Girl	Contact Mobile Phone No.

The Parent / Guardian of the athlete understands that he/she will be expected to officiate on behalf of the Centre for at least part of the day at competitions at which his/her child participates and agrees to provide this assistance.

Signed: _____ Parent / Guardian Name: _____

We have read the above conditions. My child understands them and I agree to them.

Paid: YES / NO

Amount: _____

Date ____/____/2010