



Preston Reservoir Little Athletics Centre

Edwardes Lake Park, Reservoir

www.prlac.com

President: Anthony Pospisil; Secretary: Marisa Argetto

Little Athletics Track and Field Season - 2011 / 2012.

Thank you for your enquiry to Preston Reservoir Little Athletics Centre (PRLAC).

PRLAC is based at Edwardes Lake Park and the clubroom is located at the Edwardes Street side of the park.

- Our **Registration Day** is held on Saturday, 3rd September 2011 from 9.00 am to 12.00 noon, **OR**
- You can register electronically by going via Little Athletics Victoria. <http://www.lavic.com.au/> (available from September 1st).
- The starting age for Little Athletics in Victoria is 5 years of age. Children must have turned 5 before registering otherwise they will not be covered under insurance. PRLAC accepts athletes from the ages of 5 to 16 years old.
- Our athletic meets are held on Saturday mornings, with competition starting at 8.15 am. We also have an occasional twilight meet, held on a Friday evening with competition starting at 5.00 pm.
- Registration fees are required from athletes for affiliation with Little Athletics Victoria (LAVic). This covers insurance and administration costs.

- Registration fees are as follows:-

Registration for One Child:	\$85
Family Registration for Two Children:	\$165
Family Registration for Three Children:	\$240
Family Registration for Four Children:	\$310

- A Subscription of \$2.00 is collected at each competition day. This subscription goes to paying for trophies and awards.
- We have a two week trial period, with Registration fees due after the second week of the competition.
- Our uniform consists of black shorts or black leggings and our Centre singlet. The singlet can be purchased from the club.
- The cost of a singlet is \$30.00. (Get one a couple sizes up, to last your children at least two seasons!)
- An On Track Program will be introduced for the U6, U7 & U8 age group which will provide an athletic skills and modified event program. The On Track program focuses on the fundamental motor skills, all the way through to the athletic skills that will promote a confident approach and skilled participation in each athletic event.
- The U6, U7 and U8 will do the FULL On Track Session (runs for 90 minutes) for the first three weeks of season and then On-Track 'ACTIVITIES' for all ages will occur in the season's program.
- Parents are required to assist in the setting up, packing up and running of events.
- A Working with Children Check (WCC) may be required from parents and carers. For more information, please go to <http://www.lavic.com.au/> Drop down heading 'Resources', 'WWC Check'.
- New members are required to provide proof of age for their children (a birth certificate or a passport)



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- We have a great canteen that strives to serve healthy food choices, at modest prices. The canteen is a major fundraiser for the club.
- PRLAC is also a major fundraiser for the Royal Children's Hospital – in 2009 / 2010 Season, we won the LAVic award for the most money raised by a Victorian Little Athletics club!
- In 2010/2011 season, PRLAC was the Bronze Award Winner for Top Centre.
- We are a friendly and family based club.
- We value member feedback at any time. Please approach any of the officials or committee members, or we have a confidential feedback box located at the Canteen.
- More details are available on our website, in our Handbook and via the weekly notice boards. All athletes are provided with a copy of the PRLAC Handbook at registration.

For more information please call:

Our President, Anthony Pospisil, on 9460 6005 / 0429 808 464 OR

Our Secretary, Marisa Argetto on 0407 820 890

We look forward to meeting you and your budding athlete/s on the 3rd September, 2011.